

Guidelines for Sick Patients Who Need Medical Confirmation

From IranAir Medical Center

I. Procedures for Issuance of Medical Permissions for Flights

All respected passengers, in case of having diseases, should follow the following procedures before travelling by IranAir:

1. Referring to IranAir Sales Offices
2. Claiming their diseases or needs to receive special services from the airline in advance to get assistance when they board, transfer and get off the plane at origin and destination airports
3. Submission of medical information forms to the passengers by ticket sales offices
4. Completion of medical information forms signed and sealed by patients' physicians
5. Referring to IranAir Medical Center in Tehran 24-72 hours before the flights (preferably from 8:00 am to 20:00 pm every days even during holidays); in other cities, referring to trusted physicians in IranAir branches to get the final medical confirmation
6. Getting two different medical forms from patient's physician and IranAir trusted physician to offer to the head of flight attendants to get special services (in case the passenger has more flights with IranAir and requires transit or transfer)

II. The Cases Which Do Not Require Obtaining Flights Medical Permissions from Tehran Medical Center or Trusted Physicians in IranAir Branches Are as Follows:

1. *All dear incapacitated people of the imposed war* can travel with no obligations after showing their id cards if they do not need to receive special medical services (special medical equipment, or controlling life symptoms).
2. *All surgical operations for unfertilized women* such as embryo transplant, artificial fertilization, IVF, Zift, or laparoscopy create no obligations or limitations for passengers.
3. *All superficial surgical operations related to hair and skin* such as hair transplant, cosmetic surgery on cheeks, eyebrows, or skin laser makes no limitations for passengers (in case they do not need any special services).

4. *All vision correction surgeries* (refractive surgeries) including Laser cornea surgery, LASEK, LASIK for under-40-year-old passengers create no limitations for traveling.
5. *All types of splints used to support and immobilize limbs, or upper parts of the organs* (arms and forearms), *or below the knee* (legs) create no prohibitions for flying if the patient has no active bleeding, and requires no additional services, or an extra seat during flights. Such a passenger can travel 24 hours after getting the plaster.
6. *Nose surgeries without obstruction in breathing*, and nasal dressing (tampons) make no restrictions for flying.
7. *Cases where the person has a urinary catheter* but have had no surgery on the stomach during the last two weeks, have no restrictions for flying (it is recommended to keep the urinate bag in a separate bag to prevent spread of contaminants).
8. *People under 60, with spinal cord injuries* who do not require oxygen and stretcher have no flight restrictions.
9. *Superficial burns* which do not need special services (such as, wheelchair, stretcher, and oxygen), and do not smell or appear too bad, have no flight restrictions.
10. *All the surgeries after two weeks* cause no flight restrictions for passengers (if they do not require special services, and do not smell or have inappropriate appearance).
11. *Pregnancy*

According to the regulations of IranAir Medical Center, pregnant women with no problem can fly under the following conditions:

First-Time Pregnancy:

For less than two-hour flights: up to the end of 32 weeks, the pregnant women need a valid document signed and sealed by a physician (the age of the mother, and the expected time of delivery birth should be written on the document).

For more than two-hour flights: up to the end of 28 weeks, mothers need a valid document signed and sealed by a physician (the age of the mother, and the expected time of delivery should be written on the document).

Second-Time Pregnancy:

Up to the end of 28 weeks, mothers require a valid document signed and sealed by a physician (the age of the mother, and the expected time of delivery should be written on the document).

* Pregnant women with some medical problems or ones with some particular age conditions need to refer to IranAir Medical Center in Tehran or trusted physicians in other branches to get confirmations and permissions for their flights.

12. *Natural Babies* can fly after the 1st week.

13. *Any injuries or damages on the sole of the feet, fingers and toes*, if they make no active bleeding or pain, cause no flight restrictions.

14. *All spine surgeries* in which a person is able to sit in a normal position after 72 hours cause no flight restrictions.

Notes:

A. Supervisor of special services is responsible for accuracy and correctness of the information on PIS (Passenger Information Sheet).

B. The medical confirmations issued from IranAir Medical Center for domestic and international flights are only valid for 72 hours starting from the issuance date.

C. All individuals with recent surgical operations (except the above-mentioned cases), passengers who need stretchers, oxygen, and passengers with infectious diseases, accident victims, cardio-vascular patients, brain strokes, and the like, and those with nasal surgeries with unilateral or bilateral obstructions, and all of those with IV line (Angiocath, CVP cutter, Cutter Shaldon, etc.), and premature babies must necessarily be examined by IranAir physician or trusted physicians in IranAir branches and receive the medical permissions to fly.

D. From the beginning of the 35th week of pregnancy, air traveling is fully restricted.

E. It is required that, at the time of reservation in the sales offices, the PIS of the passengers who need stretchers and oxygen (as confirmed by IranAir trusted physician) should be faxed to 46628350- 46628353 by the agencies, and the confirmation letter from PMCU of Medical Center should be obtained.

This manuscript has 14 articles and 5 notes which are regulated based on aviation medical rules and regulations, and are applicable in all IranAir branches and flights.

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